



Callington News

www.callington.uk.net

Issue 209

May 2009

TOWN COUNCILLOR WANTED

Are you over 21 years, have plenty of ideas and would like to make a positive contribution to this town?

Further details contact the Town Clerk on 384039.

Public notices will be published on local notice boards and on the web site from the 11th May.

The copy deadline for the June issue is Wednesday 20 May 2009

Editorial copy can be sent to the editor, Kitty Bengé, at 21 Maple Close, Callington PL17 7HY. Or contact by phone on 383985 or email: kitty@tamarmusic.com.

Copy can also be sent to the Town Hall at the addresses below.

Advertising space needs booking in advance. Please post or hand in copy to the Town Clerk, Callington Town Hall, New Road, Callington PL17 7BD. Phone 384039 or email clerk@callington.uk.net

The Town Clerk's Office and One Stop Shop are open 9am-2pm Mon-Fri. At other times an answerphone is available. Post can be put in the letter box in front of the office or through the entrance door.

Callington's new fitness equipment.....



.....free for all to use!

Callington Town Council is pleased to announce the provision and installation of outdoor fitness equipment at the Launceston Road recreation ground.

The equipment is designed for mixed use, including the older generation, who would like to increase or introduce a daily exercise regime at no cost. The four pieces of equipment are designed to exercise

different aspects of the body. Each piece of equipment will have its own detailed instruction on how to use it so that people can gain the maximum benefit. The pieces of fitness equipment are:

- ◆ Sit Up Assembly
- ◆ Health Walker Assembly
- ◆ Pull Down Challenger Assembly
- ◆ Mini Ski Assembly

The names will probably not mean anything to many of you so why not come along to the official launch by the Portreeve and Deputy Mayor on Thursday 7th May at 3.30 pm in the Launceston Road recreation ground. You never know you might just get a glimpse of your local councillor in their finest regalia trying out the new equipment!

CALLINGTON FESTIVAL WEEK

A week of fun filled entertainment will take place between Saturday 1st and Saturday 18th July – starting with Gala Day and culminating with the Carnival.

A Festival Week programme will be produced and over 60 local businesses have agreed to place advertisements to cover production costs.

The Festival Committee would like to offer all local organisations, clubs, groups and societies the opportunity to put a couple of paragraphs into the programme, saying what they do, where they meet etc, together with contact details. If you are an organiser for a club or group and would like some free publicity then please contact Mike Gill on 01579 351078 or email mandegill@aol.com by Tuesday 5th May at the latest.

Both Gala Day and the Carnival are fast approaching. If you are interested in running a stall at Gala Day contact Jamie Dowdall via email: jamedowdall@f2s.com. If you would like to enter the Carnival – as walkers, groups or floats then go to www.freewebs.com/callingtoncarnival/howtoenter.htm and take the plunge.

LIBRARY NEWS

House and Family History Drop-in Day

Callington Library is holding a special day on Tuesday 12th May between 10 am – 12:20 pm and 2 pm – 4 pm. Find out how to begin tracing your ancestors and the history of your home with staff from Cornwall Record Office – Free event

Good Companions Friendship Group

This new informal gathering meets in the library activity room every Thursday afternoon from 2 pm – 4 pm. Tea, cake and conversation for people no longer in full-time employment. Browse the newspapers, discuss a recently enjoyed book, plan a stroll or outing, or just catch up on the local chat. If you live alone this is a perfect opportunity to make friends – our present small group will give you a warm welcome. Free event

Individual Computer Tuition

If you would like to learn how to send an e-mail, use Ancestry free of charge to trace your family history, use Word or Excel, book a holiday online or just surf the internet then book a one-to-one lesson with Lorna, our Study Support Officer. Lessons last an hour and cost £3.50. Tailor-made to suit your requirements, so no time wasted on things you don't want to know! Lorna gives lessons every third Tuesday. Please contact the library to book your course now.

Bank Holidays

The library will be closed on Monday 4th May and Monday 25th May.

DVD Films and Console Games

Borrow the latest films on DVD or Ps2/Xbox/Wii/Nintendo DS game on Monday 18th May and get 2 weeks hire for the price of 1 – only £3.

MID SUMMER MADNESS WALK FANCY A SATURDAY NIGHT OUT WITH A DIFFERENCE?

Then gather together your friends and join 'The Mid Summer Madness Walk' on Saturday 27 June 2009, the first event in aid of Marie Curie Cancer Care and Macmillan Cancer Support in Cornwall. We hope to see 600 walkers in one of the largest joint charitable events the area has ever seen.

This special moonlit walk promises to be a fantastic night out with refreshments, entertainment and plenty of giggles along the way. Eleven miles in length from Padstow to Wadebridge and back, however, if you decide you only want to walk to Wadebridge you must organise your own transport collection and must confirm on your entry form which length you are completing. This sponsored walk under the moon and twinkling stars along the Camel Trail footpath takes part in the spectacular sweep of the Camel Estuary.

Making a difference

By taking part in the 'Mid Summer Madness Walk' you'll be helping people affected by cancer and those with life-limiting conditions. The money raised through sponsorship will be split equally between two vital Cornish charities, Marie Curie Cancer Care and Macmillan Cancer Support. The event is supported by Cornwall and Devon media.

CALLINGTON NEW OUTLOOK

Callington New Outlook held its AGM on 17th March 2009, when the Treasurer was pleased to announce that, due to our fundraising efforts since last March, we were able to present Marie Curie Cancer Care with just over £1500. Our Concert, held on the 15th March at Harrowbarrow, raised over £500 thanks to everybody's generosity.

We were entertained by the Tamar Valley Male Choir, A Touch of Brass Ensemble and Anything Goes Trio (which was a duo due to a prior commitment by one player). The proceedings were ably compared by Councillor Andrew Long, all of the players gave their best, and it was a most enjoyable evening. It was very gratifying that the hall was filled to capacity, especially as the previously booked date was cancelled due to the snow.

Our chosen charity for the coming year is the Children's Hospice South West Precious Lives Appeal, so our fundraising caps are on!

TOWN BAND SECURES GRANT FUNDING FOR TWINNING EVENT

Members of Callington Town Band were delighted to be told by their Chairman, Shirley Morse, that she had successfully applied to Cornwall Community Foundation for a grant of £570 to pay the ferry fares when band members travel to France on a Twinning visit in May.

Although the band has played at several civic receptions when the French and German Twinner's have visited Callington this will be the first time that they have ventured abroad and they look forward to making music with their French and German counterparts.

The Cornwall Community Foundation is one the biggest independent charities in Cornwall and supports specific needs and more general community projects within the county. Callington Town Band is exceedingly pleased to be one its beneficiaries.



'Going to the Dogs' saga continued

I am a regular reader of the Callington News Letter. I have never before felt such a need to put pen to paper and reply to an article, but after reading "Going to the Dogs", in April 2009 edition, I felt I had to do so.

I agree with Joyce Lawrence in the fact that too many people are irresponsible dog owners who leave dogs' excrement around public places, when there is absolutely no need at all with so many dog litter bins supplied by the council in the area.

However, the lady who wrote the article must get her facts correct before accusing people, especially in print. I am the "young lady" in question and can certainly say I am a responsible dog owner.

I ALWAYS carry bags with me because I ALWAYS clear up after my dog. However, it is impossible to collect up urine!! My dog does her "job" on that patch of grass discussed, unfortunately I don't have control over her bladder.

I agree, the flowers and shrubs are pretty, and I am always careful to avoid them and only let her go on the grass. The dog wardens do an excellent job, perhaps they have "done nothing" because there isn't any dog excrement there! I only wish all dog owners would be responsible and clear up after their dogs so that we don't all get tarnished with the same brush.

I hope that writing this article has cleared up any confusion for Mrs Lawrence.

PARKING IN CALLINGTON

Parking within Callington has not been a problem for a long time. There are two car parks within thirty seconds walk of the town centre, and the charge for parking is extremely low. Who, in all honesty, could say that five pence per hour is expensive? Okay, five pence only gives you the first hour of parking, any excess is charged at a higher rate, but if you're shopping in Callington, it is unlikely to be more for than one hour unless you make use of the many other facilities that are dotted around the town. On street parking in Callington, or overstaying in the Pannier Market [maximum stay of half-an hour for visitors of the Pannier Market], is likely to end up with a fine, and possibly points on your licence. If you are going to spend a reasonable amount of time in Callington shopping or visiting one of the great local cafes why not park for free [yes free!] at the town council's free car park situated off Saltash Road, it is no more than five minutes' walk from the centre of town.

The George Appeal (Ultrasound Scanning Machine at Derriford Hospital)

The fundraisers for The George Appeal are looking for volunteers to help hold coffee mornings (or some other fund raising event) to raise funds for an ultrasound scanning machine at Derriford Hospital. Two weeks ago they reached £40,000 and are naturally delighted but now feel that they need to widen their support to help reach the target of £150,000.

Why an ultrasound scanning machine?

Ultrasound is one of the mainstays of modern antenatal care. Right at the beginning it is used to accurately date the pregnancy so it is known when

key events should happen and at the end it is used to check foetal wellbeing as well as deciding accurately when the due date is. In between, it is the only way of checking that foetal anatomy is normal and when sadly it isn't characterising as accurately as possible what has happened. Ultrasound is a window on the womb and the foetus within, which allows medical staff to guide foetal investigation and therapy whilst ensuring the safety of the foetus as much as is possible. Without the very best ultrasound equipment very little is known about the foetus until it is born let alone be able to help it when it needs help.

Street Pastor coming to Callington

PATROLS BRING PRAYER (AND FLIP FLOPS) TO THE MEAN STREETS

This was the headline featured in 'The Times' last October and since that time 'Street Pastors' have featured on a number of television programmes.

St Mary's Church in Callington is delighted that Stu Clarke, one of the Plymouth Street Pastors, is coming to talk at the monthly REVIVE service at St Mary's Church in Callington on Sunday 10th May. Stu will share the work he and fellow Street Pastors carry out on the streets of Plymouth, which involves visiting local pubs, night clubs and parties in the area and developing

listening, pastoral relationships with young people and others needing help. The Street Pastors provide a range of practical help so that young people can get home or get to their next destination safely and in good order.

The service starts at 6.30 pm so why not come and join us – we would love to see you!
Nicola Farr

Review of Edwardian Callington

NEWS IN BRIEF

Due to the 'reclamation' of the photographic plates taken by Reginald Gimblett in the Edwardian era, the Heritage Centre's theme for its two exhibitions this year is the reign of Edward VII, 1901-1910. The book to accompany the exhibitions concentrates on what life was like for the ordinary resident in that period.

Callington was the market town for a wide area and market day was a busy day in the town. Fore Street, the traders, craftsmen and the market at the time, are described in detail with a special focus on drapers, ironmongers, shoemakers and wheelwrights. A map of Fore Street clearly indicates which shops were where in 1901.

Daily life is covered with descriptions of what houses were actually like, water supply and drainage (or lack of it), education and employment, what average households bought and how they managed to balance the budget. The housewives' duties - laundering, cleaning, cooking, dressmaking - are covered, revealing the vast difference between housekeeping then and now. Farming is mentioned

with details of the backyard pig which so many households had. How the Edwardian got around, as well as crime and order, are mentioned with some reports of what were considered to be crimes at the time. With so little leisure time it is surprising how many social events, sports and activities were available, many of them connected to the churches and chapels. What the Edwardian wore is well-illustrated by the Gimblett photographs and of course there has to be a mention of mining and what was happening at the start of the 20th century.

Much of the information in the book comes from the recollections of residents of the time who were recorded in the 1980s.

The softcover book of 74 pages is liberally illustrated with many photographs and old postcards from the Heritage Centre collection. It sells at £6.50 and is available at the Hindle's newsagent in Fore Street, and the Heritage Centre. The book is part funded with grant money and all profits will go to the continuing preservation of Callington's heritage.

CALLINGTON & DISTRICT ROYAL BRITISH LEGION

I would like to bring to the notice of ex-servicemen and families in the area a new R.B.L. service in Cornwall. "Poppy Calls" is a service to give help for those unable to carry out essential household repairs and installations. It gives older veterans the freedom to stay independent by helping with the awkward jobs

such as minor repairs, fitting smoke detectors, changing light bulbs and other jobs. Any tasks about the home you find difficult our trusted handyman will do it for you so you no longer have to struggle alone.

To contact this service please ring Phil on 01579 384318

Lost Cat

Missing from the St Germans Rd area since approx 7th April. He has a creamy coloured short haired coat with spotty/stripy legs and tail.

He has a very distinct scar and is very friendly. He was often seen 'hunting' across the fields across from the by-pass.

He is very much missed and there is a reward for his return.

Please contact me on 01579 383697

Plant Sale

Sunday 31st May (weather permitting)

The sale, organised by the Village Collection Gardening Club, will be held on the Village Green at the Village Collection off Liskeard Road. Cream teas and coffee will be available and there will be a talk at 11:00 am on "Bee-friendly gardens" by a member of the Cornwall Beekeepers Association. Sale will commence at 10:00 am.

Callington Town Forum

Annual General Meeting; 7:45 pm, Monday 11th May, Council Chamber, Callington Town Hall followed by an ordinary Forum meeting.

The main topics for discussion will be opportunities for the regeneration of Callington Town Centre and volunteers to help with the Flower displays ("Callington in Bloom") in the town. As you are probably aware funding ceased for floral displays - **could you HELP?** Would you grow some plants or help maintain a display area? If so, please contact the Forum, c/o Jo Taylor at the Town Hall office (01579 384039; email jo.taylor@callington.uk.net). Working together we can make Callington beautiful. **All welcome.**

Old Bottle & Flagons

Genuine collector interested in old bottle, flagons and signs especially from the Callington area. Please phone 01579 389181

Looking your best: part 2

Gail Buttery continues her look at hairdressers in the town.

Most of the salon owners and stylists in Callington have known from an early age they wanted to be hairdressers and have only had one career. There is always an exception to the rule and that is Raj, the proud owner of Picasso's. I was interested to learn he started out as a photographer; he then studied art and design in Birmingham, before returning to photography, working in film and TV. So how did Raj move from this career to hairdressing? On photo shoots his artistic background and experience helped him to develop his ability to know what look brings out the best for a person. Working within the fashion industry, he needed hairdressers to assist the models he was photographing and found he could create the finished look he desired. This led him to add to his artistic skills by training as a hairdresser. Following a period of time working in London, he decided to combine his skills with his wish to travel and he entered into a contract with Steiner, working on cruise ships. Raj quickly became a favourite with the passengers eventually staying for five years. In October 2000 Raj came to Callington. He had travelled the world and had lived in London and Miami; I asked him what brought him here? Callington gives him a sense of belonging and he wanted to be able to offer clients the experience of a top city salon in the country. He counts himself lucky to have found empty premises in the town centre. Some residents will remember Harvey's grocery store and be amazed

at how it has been transformed into a calming space. He works alone as he prefers to build a relationship with his clients on a one-to-one basis. Finally, how did he choose the name for his salon? He had spent a wonderful holiday with friends in 2000 and particularly wanted to remember that time. They dined at a restaurant in Vegas which holds special memories for Raj, the name of the restaurant? Picasso's.

Open: Monday-Saturday 9am-5pm, late evening on Tuesday till 7pm.
Picasso's, 1-2 Newport.
383035

The Beauty Arcade opened in November 2006, initially offering Beauty Therapies. However, hairdressing has been available since August 2007. The business has grown rapidly: now owner Cathy Bryant employs two hairdressers, Josie and Mel, as well as beauty therapists, Sam and Ammie. Their unique point is that many treatments can be offered under one roof. They specialise in organising pamper packages which can include both hair dressing and beauty treatments. This would be ideal as a gift for someone and proves to be very popular with brides, who like to spend time getting ready for their wedding day with their bridesmaids and perhaps their mother. Everyone can prepare for the wedding together and the team will tailor make a package of treatments to suit individual requirements. Choose from hairdressing, including hair extensions, a range of beauty treatments: fast tanning, manicures, pedicures plus holistic therapies such as, reflexology, Indian head massage and body massage. Prepare for summer or the College May Ball with spray tanning. Look out for the

monthly special offers, and Senior Citizens have 10% discount on Thursdays.

Open: Tuesday-Saturday, 9.30am-6pm.

The Beauty Arcade, New Road. 384473

The second barber's shop in town is Adam's Barber Shop, in Pilgrim's Arcade, Fore Street. The traditional way to get your hair cut at a barber's shop is just to turn up without an appointment and that's exactly what you need to do to get your hair cut by Adam Speare, the shop owner. He took over from Rod, the previous owner, four years ago but is no newcomer to the profession, with over 20 years' experience. Adam previously owned a shop in Launceston for 10 years. He had lived in Callington and liked it so much that when the opportunity came to have a business here he was pleased to be able to take it. He knows Callington very well, as his children went to school here and he still lives in the area. You may see him training as he is running his second London marathon in April. Last year he raised £700 for Children's Hospice South West. This year he is running to raise money for the National Association for the Relief of Paget's Disease and hopes to break last year's figure. If you are able to support him please go to justgiving.com/adamspeare to make your donation.

Open: Monday-Friday 9am-5pm, Saturday 8.45am-12.30pm.

Adam's Barber Shop, Pilgrim's Arcade, Fore Street. No telephone

Next month Gail completes her look at Callington's wide range of hairdressers.

DIARY FOR MAY

Sat 2 Coffee Morning with plant sale and table top sale, Callington Cricket Club

9.00am

Sat 2 Saturday Dance, Town Hall

7.30pm

Fri 8 Tea Dance, Town Hall

1.30pm

Sat 9 Councillor Surgery, Kelly Bray WI Hall (subject to confirmation)

10.00—12.00 Councillor Long and Councillor Jones

Wed 13 WI Meeting, Council Chamber, Town Hall

7.30pm

Wed 20 Caradon Social Club for the Disabled, Town Hall

2.30pm

Fri 22 Bish Bash Bosh productions—Surfing Tommies, Town Hall

7.00pm

Sat 23 Councillor Surgery, Committee Room, Town Hall—Councillor Andrew Long

10.00am-12.00pm

Fri 29 Callington & District Diabetic Support Group, Cricket Club

2.00pm

Sat 30 Book Fair, Town Hall

10.00am-4pm

Town Hall Market: 2nd and 4th Fridays of the month, Town Hall 9am-1pm.

Country Markets: every Wednesday 8.45-11.30am, Scout Hut, New Road car park

New Outlook: every Tuesday during school term time, 10am-12noon, Cricket Club

Town Training Band: every Thursday 6.15-7.15pm, Bandroom at the Heritage Centre

Town Band: every Thursday 7.30-9.30pm, Bandroom at the Heritage Centre

South West Kickboxing Academy: every Friday 7.30-9pm, Community College Sports Centre dance studio

Annual Horticultural and Produce Show

Guide to success.....

Callington holds an annual Horticultural and Produce Show in mid September in the Town Hall. The allotments are judged during the year and prizes are awarded at the show.

Normally judges use the criteria set by the Royal Horticultural Society (RHS) to judge the allotments. The following is an extract of the RHS booklet for the information of keen allotment holders:

The primary purpose of an allotment is to provide crops of vegetables, fruit, flowers and culinary herbs for household use and the more completely a plot fulfils this objective the greater should be the credit accorded to it in competition. Allotments also allow enthusiasts for one particular plant or group of plants to indulge their particular passion and a plot given over to the monoculture of, say, dahlias or carnations must be judged according to the standard and quality of cultivation. The size of the plot should not be a factor for consideration in competition – but where there are a great

many entries of varying sizes organisers should consider dividing the competition into three or four separate classes according to size.



The following pointing systems are offered as a guide to the judging of gardens and allotments:

Condition of the plot – 60 points

Good workmanship – 50 points

Quality of the crops, flowers, fruit, vegetables and plants – 150 points

Originality of layout and planting – 25 points

Ingenuity in overcoming local problems - 25 points

Visual aspect of the plot – 20 points

Condition of garden sheds etc – 20 points

Total = 350 points.



- Painting and Decorating
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Psychic Development Circle

Every 4th Tuesday of the month
Between 7.00 – 9.00pm. All welcome.

For further information phone

Elizabeth on (01579 384708

Carpet Fayre

1 Biscombes Lane, Callington

(01579 384838 Mob:07884 253415

FREE ESTIMATES

Free Home Selection Service

Hundreds of samples to choose from.

CALLINGTON COUNTRY MARKET

is holding

**SPECIAL PLANT MARKETS
SATURDAY MORNINGS**

9th, 16th, 23rd & 30th May

9.30 - 12.30

Scout Headquarters, Top of New Road Car Park
**Annuals, Perennials, Vegetable & Tomato
Shrubs, Indoor, Patio & Bedding Plants**

(Wednesday morning markets continue as usual)

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RED PANDA

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A new generation of oriental cuisine

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Grand Opening on Tuesday 28th April
2009

Restaurant Opening Times
Tuesday—Sunday 5.00pm—10.00pm

Takeaway Opening Times
Tuesday-Sunday 5.00pm—11.00pm
CLOSED Mondays
OPEN Bank Holidays

Telephone Orders welcome

01579 383373



Callington Lions
Club

Needs books to help raise funds

If you have any books that you
no longer use, please contact
any member of the
Lions or telephone:

0845 833 7527



J & M BOOKS

Invites you to a

BOOK FAIR

at the Town Hall, New Road, Callington
Cornwall on

Saturday 30 May 2009
10.00am - 4.00pm

To be opened by best selling author
Veronica Henry

And

Children's author
Fay Sampson



Wide range of Antiquarian, secondhand and new
books

Raffle to be held in aid of Cornwall Air Ambulance

Free Admission Ample Parking
Refreshments available

Bish Bash Bosh Productions

Proudly present

SURFING TOMMIES

Set during the first world war, this poignant drama
by Alan Kent follows the lives of three members of
the Devon and Cornwall Light Infantry on an
incredible journey from the mines of Cornwall to the
fields of Flanders. We meet mazed beauties, mad
male voice choirs and the first surfers.

This darkly mischievous play comments on life in
the trenches and current conflicts around the world.
Rich in Cornish dialect and decadence, this new
drama will make you want to get up, hit the waves
and hang ten...

After the enormous success last year of the Tin
Violin you really must make sure you come along to
this new production.

Friday 22nd May at 7pm, Callington Town Hall