



# Callington News

July 2008 Issue 200

## The Carnival is Back!

Excitement is building around the town as the day of the Callington Carnival approaches, Saturday 19th July. There hasn't been a Carnival procession through Callington town for 10 years, but this year that has changed. The Carnival procession has been organised by the Carnival committee which consists of a cross section of organisations within the community; The Rotary Club, The Town Council, The Lions Club, The Young Farmers and others are all involved.

The procession will start to assemble in Liskeard Road at 3.30pm on Saturday 19th July, where the judging of entries will take place. Judging is divided into four classes; Floats (persons under 16 year old), Floats (persons over 16 years old) and walking entries in the same two categories. There will also

be a prize for the best overall entry. Judging will be carried out and prizes will be presented by the Portreeve, the President of the Rotary Club of Callington, the President of the Callington Lions Club and the deputy Portreeve. Once the prizes have been awarded the procession will travel along Liskeard Road through Fore Street and then through the following streets: Tavistock Road, Hazelwood Road, Beech Road, Trelawney Road, Saltash Road, St Germans Road, Westover Road, Lansdowne Road, before coming back down Westover Road finishing where it started in Liskeard Road.

The Callington Town Band will be playing as the procession makes its way through the town led by the Portreeve. Callington Fire Brigade and St John's Ambulance will be there as

will floats manned by the local Rotary Club, Lions Club, Womens Institute, New Outlook, The Spar and the Youth Club. The Supreme Star Majorettes will be performing as will the Eastern Sway Belly Dancers so there will be fun, dancing and music from all directions! In addition, Atlantic FM Radio will be adding to the entertainment by covering the whole event from the bottom of New Road.

The Carnival has returned to Callington by popular demand and, for future years, it is hoped to develop the week between Gala Day and Carnival Day into a wonderful Callington Festival week. So please bring your family, friends and relatives and encourage all those you know to provide tremendous support as the procession wends its way through the town.



**The copy deadline for editorial for the August issue is 15th July.**

Please note space is limited and inclusion cannot be guaranteed, the *News* goes to print as soon as it is full. Advertising space needs booking in advance. Please post or hand in copy to:- Lynda Small, The Town Clerk Callington Town Council, Town Hall, New Road, Callington, PL17 7BD, ( 01579 384039

or preferably E-mail [clerk@callington.uk.net](mailto:clerk@callington.uk.net)

The Town Clerk's Office is open 0900-1400hrs Mon-Fri. At other times an answer phone is available. Mail can be put in the letter box in front of the office if the hall is open or through the entrance door.

## Gala Day Again

Gala Day 2008, organised as usual by Callington Lions, will be held on Saturday 12th July commencing at 12pm at Saltash Recreational Park In Callington. All monies raised after costs, will go to Cornish Charities, being the Cornish Air Ambulance and the Merlin Project. Admission to the event is free. There will be lots going on including dog show, tractor pull, Children's races, Rowland's Fair, Magician, Traditional Punch and Judy Show, Barbecue, Charity and Craft Stalls.

There will be a marquee containing licensed bar and an area for cream teas. In the main arena there will be several displays including Morris dancing, town band, unicycle display, Taekwondo, and Majorettes. From 7.00pm there will be live music from top local band Decade Five. The dog show this year will have the best waggiest tail, best trick, most appealing eyes, dog/bitch the judges would most like to take home with them as well as the standard classes. Registration starts at 11am, judging starts at noon,

open to all comers.

If you wish to have a stall contact Lion Tony Stentiford on 01579 384775

Don't Forget Gala Bingo at the town hall on Monday the 7th July doors open 7pm eyes down 8pm! Please support us and bring the family along for an enjoyable day with the Lions of Callington for a roaring good time!

The Callington Lions would like to wish the Rotary Club all the best for the newly revived Callington Carnival on the 19th July 2008.

## NEWS FROM CLUBS & GROUPS

### Police Caution

This message relates to Police Log No. 668 of 07 June 2008.

We would like to make you aware that a number of distraction burglaries have been reported throughout the Cornwall area.

Two male youths have distracted occupiers and used various reasons to gain entry such as wanting a glass of water or trying to find their ball and appear friendly.

Please remember to always keep the chain on the door and be wary of any strangers coming to your door. If in doubt keep them out. Please pass this information to the vulnerable and elderly to raise their awareness.

If you have any concerns then please contact us on 08452 777 444 quoting CMS and Police Log No. 668 07/06/08. Information can also be passed to Crimestoppers on 0800 555 111.

### Mining Exhibition

The Heritage Centre exhibition on 'The Phoenix Arises' has proved very popular with many people discovering something new about our fire service. However the last full weekend to see the complete exhibition will be 4th/5th/6th July. After that it will be all change with the next exhibition opening on 18th July.

Mining is always a popular subject in Cornwall, it is such an integral part of our heritage. Our exhibition is called 'Kelly Bray and the Mines Beneath'. Although it features Kelly Bray and its history, the mines around Kelly Bray, Redmoor and Holmbush had a lasting effect on Callington and the whole area around.

The exhibition will run to the end of October and the Centre in the Chapel in Liskeard Road Cemetery and is open Friday, Saturday and Sunday 10.00-16.00hrs.

### Garden Party

What better way to spend a July afternoon than at a garden party with Cornish teas and entertainment from Callington's popular Community Gospel Choir?

.All this can be yours -for free -on Sunday 20th July thanks to supporters of St Mary's Church, Callington. The party will be held in a beautiful garden near Callington town centre starting at 4pm, and although there is no charge for admission you are asked to order a ticket beforehand so we can ensure we cater for enough visitors.

Please phone either Heather & Robin West on 384453 or Nicola Farr on 384125 for full details and for tickets.

Towards the end of the school summer holidays, when children may be seeking new adventures, the churches of Callington are inviting all those of primary school age to take part in *Champions Challenge*.

Following the success of last year's *Easter Cracked*, "CC" will run every morning from 26 to 29 August between 9.45am and 12 noon at Callington Primary School, Saltash Road. This summer the team is offering a variety of activities and once again places must be booked in advance. More information will be passed through the Primary School or you can contact Margaret Morris (382944) for full details.



### Get a new Social life

Callington Social Club is now open for new membership. The club is a great way to have a good night out without making a dent in your pocket—it might also improve your social life!

You can visit three times to check out the facilities before making the commitment to join: which only costs £7 for the first year and £5 a year thereafter.

Facilities include: upstairs four full-size snooker tables and a bar; downstairs bar and pool table, skittle alley, four dart boards, games machine, £100 jackpot fruit machine, Saturday night disco/ band.

The Social Club is at the top of Well Street, just off Fore Street near the traffic lights.

The opening hours are:

Mon-Thurs 7pm-midnight;

Friday 5pm-midnight;

Saturday noon-midnight;

Sunday 1pm-midnight.

For further details contact the club's vice-chairman, Sean, on 07816 761662 or phone the club direct on 383103.

### Blooming Lions!

Callington Lions Club has taken over the maintenance of the gardens in St Mary's Close. During the weekends of 30th May and 7th June, members of the Lions Club have been weeding, pruning and trimming to tidy up the Close. (see picture on left)

Gala Bingo will be held on Monday 7th July in Callington Town Hall, eyes down 8pm.

Honey Fair. This year is the 30th anniversary of Honey Fair since it was re-started. It has been decided that the theme for this year will be Celebrations & Anniversaries. This, of course, will apply to the Shop Window Competition and Children's Art.

## Callington Youngsters Excel on Ten Tors

In October 2007, 12 hopefuls fought their way through the wind, rain and pain to be one of the six team mates that would walk 35 miles, carrying packs that would weigh 35lbs, over strenuous terrain to represent Callington Community College in the 50<sup>th</sup> Ten Tors Expedition, and to earn themselves a shiny bronze medal. After months of training in rain and hail, 12 became 11, then 10, until we eventually ended up with 6 well trained walkers and navigators, plus a strong team friendship. With a superb team leader, Jackson Sweeney, Izzy Taylor, Tim Exceley Calum Smith, David Collard and Jack we were ready to take on the moor.

On Friday the 9<sup>th</sup> of May the team Manager Chris Morrell, from Callington Community College, took the six of us to Okehampton Camp where 200 other teams from the South West waited eagerly to be start the Ten Tors expedition 2008 the following morning. First of all we had to go through scrutineering. This was when experts from the Army or Dartmoor rescue checked that each team member had everything that they would need to survive on the moor. If anything was missing we would not be able to take part!

We were called at about 5pm for our equipment to be checked. Luckily we all passed which was a huge relief to Mr Morrell!

That night we spent hours planning our route across the moor. We didn't get much sleep, anxiety and excitement caused that I think. In the morning we were woken very early by loud speakers playing "On the Way to Amarillo" and "I will Survive". After a strong breakfast of bacon and eggs, we packed together our equipment, had a team talk and double checked our route before heading off to the start line. There was a short speech followed by the Ten Tors prayer, then 2 two cannon shots announced the start of the 2008 expedition. The atmosphere was

incredible, with over 4000 people all cheering and shouting, flags and banners all over the place, it was incredible.

We set off at an excitable pace and reached the first Tor in about 40 minutes. It was a very, long steep climb to the top but once we got there we felt extremely relieved, until we remembered we had 9 more to go! With the weather being so hot and showing no signs of mercy it started to seem an impossible task, we had not encountered this sort of weather in training! With team work, quick and correct navigation skills, and a lot of encouragement from each other, we managed to push on and on through unbearable heat. After a while some of us started to feel the burn, both in our legs and from the heat. We were constantly filling up with water from the nearest stream (using our sterilisation tablets, of course) or from the jerry cans supplied by the Army. With great determination, we managed to reach the 8<sup>th</sup> Tor by 6:30pm, where we settled down for the night.

Once we'd had a bit of a rest, we set up our tents, got out our cooking equipment and had a well earned filling dinner. We watched the sun go down over the moors and then went to bed. We woke at about 5:00am on Sunday morning, packed up the tents and watched the sun come back up whilst eating our breakfast. After rechecking the route, we set off once again at 6:30am. The day started well with the heat being quite low until 9:30am where it started to get sweaty again. For about an hour and a half we trudged through a nice and cool, but stinky, swamp. It was alright until it got hard to walk through as we got more and more tired. Once we reached the 9<sup>th</sup> Tor we could basically see the end. We knew that many teams had not made it this far and had to pull out due to heat exhaustion, or that some team members had had to retire. This made us more determined to finish. Tor ten reminded us all of the first, a very

long, steep hill, but once we got to the top and signed in we knew we had done it, now just a short walk to the end. We walked for a further ten minutes when we reach a small ridge, from here we could see the finish line where our parents and trainers were waiting along with 1000's of other people. We gathered our last ounce of strength and marched down the hill to the finish, the crowd and atmosphere was awesome! We kept our eyes open for someone we knew then, I caught a glimpse of Mr Morrell, our team manager, cheering "Come on Callington, come on!" We had made it! It was one of the biggest things to happen in my life!

We finished at 4:00pm, well within the time limit, with a full team of six. We were presented with our bronze medals and had our photos taken. Despite the exhaustion and blisters we all agreed that we were ready and willing to do it all over again next year, only then, we'd be doing the 45 miles and wanting a silver shiny medal to place next to the bronze one on the mantelpiece. Bring it on Ten Tors 2009!

Thanks to our trainers/managers, Mr Morrell, Mr Hubbard and Mrs Cooper who looked after us over the weekend, but most of all, thanks to each other, all six members of the team, who showed a great amount of determination, commitment and team spirit.

By Jack Taylor



From left to right: Calum Smith, Jackson Sweeney, Jack Taylor, David Collard, Izzy Taylor and Tim Exceley from Year 10.

## Fed-Up With a Routine Existence?

Officers from Cornwall County Fire Brigade are currently scouting Liskeard, Callington and Looe searching for potential retained firefighters. Have you got what it takes?

Those wishing to become a retained firefighter should be physically fit, be at least 18 years old and live and/or work close to the fire station.

Retained firefighters, like their full-time colleagues, are trained to deal with a wide range of situations and incidents. These include fires, road traffic collisions, dealing with hazardous materials and floods, and protecting the community

through fire safety work.

Other training includes Large Goods Vehicle Driving (LGV), Emergency Fire Appliance Driving (EFADS), First Aid and Co-

**Callington Fire Brigade  
OPEN DAY  
Saturday 12th July 10.00-12.00hrs**

responder training.

Retained firefighters are paid a basic annual payment (a retainer) and fees for emergency response, fees for training sessions and for duties like equipment maintenance. They can be men or women from

any background.

Retained firefighters are paid volunteers who do the same job as full-time firefighters. The difference is that they are not based on a fire station waiting for an alarm, they are on standby waiting to be called out

If you think you have what it takes, then go along to the Fire Brigade's Open Day on the 12th July. Meet the firemen, look at the engines and various equipment and see how they face the many challenges that are part of being a fireman. Browse the exhibitions and ask as many questions as you want.

## 200 Issues of the Callington News

**What an anniversary - the 200th issue advertises the revival of the Carnival!**

The first issue of the Callington News was published as a three month trial in July 1991. It has continued ever since on a monthly basis, except for the January issue. Seventeen years later it is still going strong. The first issue was a two sided sheet, but it soon expanded to four sides and in recent years with the advent of a small amount of advertising it has been able to expand to eight sides.

The inaugural editor was Tony Black. There have been several editors over the years, each of whom have made their own mark. Since 2005 the Town Clerk, Lynda Small has been the Editor.

So what was in the first issue? No mention of the Carnival but the Kelly Bray Men's Institute had just had a new lease of life, Appleby Lodge was raising money for its mini bus and the Callington in Bloom Garden Competition results were published.

The Carnival was well mentioned in the local press. Evidentially the Cornish weather did its best with the title 'Carnival Day Beat the Rain', the report stated that 'Sunshine would have been nice, but nobody really minds Callington Carnival in the rain.' There were plenty of floats and exhibits and the

Kelly Bray Play Group carried off the main prize with their float depicting the 'Yellow Brick Road'. The prize of £220 was donated by Ginsters.

There were three town bands, Liskeard, Launceston and Lostwithiel, two majorettes troops and seven visiting Carnival Queens from St Cleer, Launceston, Menheniot, Pensilva, Liskeard, Dobwalls, Stoke Climsland

What else was happening in 1991?

The Kit Hill Run was held immediately after the return of the carnival. It was described as a 'fun run' from Fore Street up to Kit Hill stack and back.

Downderry Construction were advertising new three bedroomed houses with integral garages for £49,950. A detached bungalow was advertised for £60,000 and a large family four bedroomed house for £105,000.

Advertisements reveal the number of businesses that have passed on; G H Motors of 24 Fore Street, Merlin Press Printers of Beeching Park Kelly Bray, Isacombe Garage, The Wardrobe of Tillie Street, Stewart Sport of 5 New Road. A few long standing businesses are still here such as Dawe, Hawken &

Dodd, A J Sleep and St Therese's Nursing Home.

Phone numbers were shorter. The area code was 0579 and all the Callington numbers were five figure and started with eight.



Callington Carnival Queen and attendants 1991, from a newspaper article when they won a trophy at the Stoke Climsland Carnival. No names given.

# The Carnival Revived

*The last Carnival was held in 11th July 1998 and many thought that, like other towns, it would never be revived, especially with the advent of increased Health & Safety regulations.*

However Callington, and many determined residents and groups have proved otherwise.

The Town Council have had to obtain a 'Premises Licence' for all the streets in the town. Public health and safety of exhibits and spectators has been discussed at length and all requirements have been met and insurers satisfied. Many individuals, services and groups have participated and have proven that Callington can do anything if the will is there!

This year's carnival has been able to go ahead not just because of the hard work of the committee, but also due to the kind sponsorship from many local businesses. A BIG thank you to all of them.

As the carnival proceeds along its route, a collection will be undertaken, so please give generously as the proceeds from the collection will be given to local charities.

**IF YOU LIVE ON THE CARNIVAL ROUTE**

**Please Assist**

The local police and a team of Carnival Marshals will be looking after the safety of all those involved and helping to keep the traffic moving throughout the town.

The Carnival Committee would like to ask the assistance of all the residents along the Carnival route to help to keep the route clear, by not parking their cars out in the street between 4.30pm and 5.30pm that day.

# Callington Carnival Nearly 100 years Old

Just how old is Callington Carnival? It is possible that it may be approaching 100 years.

The Heritage Centre has posters advertising the 'Guy Fawkes Carnival' that not surprisingly took place on Nov. 5th each year. The first poster is for 1911. More research would have to be done to see how consistent the Carnival was. There are newspaper cutting, photographs or papers relating to the Carnival for the 1920's, 1940's, 1950's and 1960's

and then there is a gap until the 1990's when the Lions were organising it. The gap does not indicate the lack of a carnival, but the fact that the newspaper cuttings for those years have not been indexed. One might presume that there would not have been processions during the war years, but there is a newspaper cutting for a carnival in 1943. A further study of the newspapers is needed to verify all the dates.

On Carnival Day the Heritage Centre will have a small exhibition of 'Carnival' items. On that day we will be open to 17.00hrs, so do pop in and help identify some of the people in the photos.

Below is the Callington Girl Guides entry in 1991 - does anyone recognise themselves?

This picture is probably from 1991 as well - who are Father Bear and Mother Bear?



## Diary for July

Sat 5th Car Boot Sale, Callington Primary School Car Park 10.00hrs  
 Mon 7th U3A, Town Hall 10.00hrs  
 Mon 7th Lions Bingo, Town Hall 19.00hrs  
 Wed 9th Celliwic Evergreens, Town Hall 14.00hrs  
 Fri. 11th Town Hall Market, Town Hall 09.00hrs - 13.00hrs  
 Sat. 12th Callington Fire Brigade Open Day, South Hill Road Station 10.00-12.00hrs  
 Gala Day from 14.00hrs Saltash Road Recreation Ground  
 Wed 16th Caradon Social Club for the Disabled, Callington Town Hall 14.00hrs  
 Wed 16th Carnival Time presented by PrimRaf, PrimRaf Hall  
 Thur 17th Blood Donors, Town Hall 13.00hrs  
 Thur 17th Carnival Time presented by PrimRaf, PrimRaf Hall  
 Fri 18th Blood Donors, Town Hall 13.00hrs  
 Fri. 18th Kelly Bray & the Mines Beneath', new exhibition opens at the Heritage Centre 10.00-16.00hrs  
 Fri 18th Carnival Time presented by PrimRaf, PrimRaf Hall  
 Sat. 19th Callington Carnival Procession  
 Tues 22nd Robus Mens Club, Council Chamber, Town Hall 10.00hrs  
 Tues 22nd Royal British Legion meeting, The Phoenix 19.00  
 Fri 25th Town Hall Market, Town Hall 09.00hrs—13.00hrs  
 Fri 25th Diabetes Support Group, meeting at Callington Cricket Club 14.00hrs  
 Sat 26th District Councillor Long Surgery, Committee Room, Town Hall 10.00hrs

**Weekly events in the Town Hall;**-Weightwatchers, Activity Club, Fit 4 Life, Short Mat Bowling, Child care and Parent Support sessions, Salsa dancing, Belly Dancing etc. Please contact the Town Hall [384039] if you want details of any of these activities.

**Country Markets:** every Wednesday 08.45-11.30hrs Scout HQ, New Road Car Park.

**Town Hall Use.** There will be no disruption to Town Hall use in the immediate future, as unfortunately the bid to the Big Lottery was not successful. The Council are investigating alternative sources of funding.

## FREE 'Better Life Activity Memberships'

Callington Community College is providing free of charge "Better Life Activity Memberships" to all of their students and their families thanks to Better Life and Southcott Associates.

Better Life is a health promotion company based in Callington providing a unique range of services to enhance people's physical and psychological wellbeing. They range from nurse delivered health and fitness assessments to psychometrics, wills and powers of attorney. One of the products offered is their "Activity Membership". The memberships are designed to suit all ages and abilities and to help people gain value for

money access to activities matched to their interests, which they would not ordinarily have easy access to.

Kevin Oliver from Better Life said that the company is delighted to join forces with Southcott Associates and Callington Community College to make a difference in health and activity promotion through the local youth. "Our membership scheme is designed for all and I am certain that people will get a lot of enjoyment from it. I also believe that we have other services that members will want to use."

Callington is a specialist sports college and is keen to help its students and the community locally to get involved in a wide variety of activities and believes the Better Life Memberships will be a very positive

step in that direction. As the costs of the memberships are being fully sponsored they believe no-one has anything to lose and everything to gain. Michelle Roberts from the college said that the mutual relationships developed between education and business can be very beneficial. "With this promotion everyone benefits - the school, the community and both of the businesses involved."

Invitations to all students will be provided throughout the month of June. If you would like more information about Better Life products and services, or would like to have your school included in a similar promotion then please call Better Life on 0800 043 5433, visit [www.welcometobetterlife.com](http://www.welcometobetterlife.com) or e-mail [info@welcometobetterlife.com](mailto:info@welcometobetterlife.com)

## Sponsor Wanted for New Residents Handbook

Our Resident's Handbook has proved very popular and we have issued over 2000 of them in just over two years, but we now need to update this and have a more flexible arrangement. We would like to have glossy folders printed, that could be sponsored by a local business or group. We can then insert the information into them and this could be updated and printed on demand. If you can assist, please contact Lynda at the Town Council office on 01579 384039.

# GREEN BANK GARDEN SERVICES

Also  
Property Maintenance  
House & Garden Clearance

Telephone: 01579 382571  
Dave: 07967 994 627  
James: 07877 298 041



# West Frogwell Farm Shop

West Frogwell Farm, Frogwell Road, Callington PL17 7HN  
Tel: 01579 382743 Mob: 07773 795 307  
[www.westfrogwellfarm.co.uk](http://www.westfrogwellfarm.co.uk)

Fine Farm Produce

*Tasting like pork should taste*

We sell quality meat, humanely reared and competitively priced from our farm to your freezer. No stress for our animals—no effort for you

Quarter pig packs—£45.00 (leg-shoulder-belly-chops and sausages 12kgs (26.5lb)  
Half pigs— £79.99 as above 25kg (53lb)

- « All joints individually available from our small farm shop
- « We produce a delicious range of juicy sausages - Cumberland-apple-leek and honey roast
- « Plus delicious rare breed bacon back and streaky and gammon ham joints

## SPECIAL OFFERS

Rare breed belly pork only £1.25lb  
Fresh free range eggs £3.50 per tray  
Cornish potatoes £5.50 per 25kg bag

## Pet Products

Sawdust £1.99 large bag  
Best barley straw £1.99 large bag  
Haylage £1.99 per bag  
Kindling wood £5.00 per bag

*PLEASE NOTE: Prices are current at today's prices -  
Feed Wheat is set to double in price*

# West Frogwell Farm Plant Hire

1.5 or 3 ton mini diggers including driver  
£20.00 per hour  
4 ton tipper lorry with driver £20.00 per hour  
Digger-lorry and driver £30.00 per hour

Landscaping - site clearance - demolition -  
groundworks

Top quality loam topsoil £75.00 per load  
(approx 4 ton)

*All prices plus VAT & fuel*

# B&B GREEN PASTURES BED & BREAKFAST

En-suite facilities  
Situated on the southern  
side of Kit Hill ¾ mile from  
the town centre  
**AMPLE OFF-ROAD PARKING**

( 01579 382566  
E-mail [greenpast@aol.com](mailto:greenpast@aol.com)  
Web site [www.tamarvalleyview.co.uk](http://www.tamarvalleyview.co.uk)  
Open all year

# Kit Hill Castle

Kit Hill Castle, Kit Hill, Callington

## Boarding Kennels & Cattery

- ✓ 15 acres of grassed play area.
- ✓ Vet recommended
- ✓ Day Care Service
- ✓ Inspection Welcome
- ✓ Family Run Business
- ✓ All year round

Closed between 1pm & 2pm  
Run by Russell and Dawn King



Tel: 01579 384832

# CALWETON ART & ANTIQUES

1 Pilgrims Way  
Fore Street Callington ( 01579 384739  
Good selection of copper, brass, pewter,  
glass, treen & small furniture,  
plus  
Original Watercolour Paintings  
& Greetings cards  
by Anthony & Rosemarie Grafton

## Callington in Bloom

The Town Council would like to thank the individuals and groups who have kindly agreed to look after flowers in the town.

**Callington Lions, Royal British Legion,  
Rising Sun Nursery, St Johns Ambulance,  
Rotary, Geraldine Sharp, David Edson\*,  
Kivells, Callington WI, Mike  
Green, Heritage Centre, Town  
Forum, Joyce Paton**

\* Sponsored by the Town Forum



## Need help with plumbing & heating?

Get the best from your oil-heating system by having it serviced by an Oftec registered engineer.

- ✓ Oil boiler service & installation
- ✓ Full systems installed
- ✓ Complete bathrooms fitted
- ✓ Swimming pool filtration
- ✓ Oil tank installation & service

Call: Rick Cornell  
01579 362485  
07809 066 421



## SALSA CLASSES

The Town Hall, New Road,  
Callington

Join our waiting list now for the next 6 week course with Avron & Ines

**EVERY WEDNESDAY**  
Beginners: 7.00pm—8.00pm  
Improvers: 8.00pm—9.00pm

**Starts 2nd July 2008 for 6 weeks £30.00 payable in advance**

Call: 07884 381 296 / 07974 095 275  
Email: [salsaines@hotmail.com](mailto:salsaines@hotmail.com)  
[www.salsaincornwall.co.uk](http://www.salsaincornwall.co.uk)

## Balti King

Indian Restaurant & Take Away  
5 New Road, Callington PL17 7BE  
( 01579 383818

**SPECIAL OFFER- Eating In or Takeaway**  
Every Monday Banquet Night

MENU: 2 Papadums & Chutneys, Starter of your choice, Any Main Course (*King Prawns £2 extra*), Rice & Nan  
**6 Course Meal for £10.95**

10% Discount on collected Takeaways when you spend £10 and over - CASH ONLY

Sunday-Thursday 5.30pm-11.30pm  
Friday-Saturday 5.30pm-Midnight Including Bank Holidays

## CALLINGTON FIRE BRIGADE OPEN DAY

Saturday 12th July 2008  
10.00—12.00

Callington Fire Station  
South Hill Road

Various Machines & Equipment on Display



Fire Brigade Fashion Parade



## CONFIDENTIAL COUNSELLING

*Counselling can help you cope with many of the issues affecting daily life.*

- Difficulties with a relationship, maybe personal or at work
- Death of a loved one
- Problems with alcohol or drugs
- Unexpected changes which have a big impact on our lives
- Managing other forms of stress

I am a fully qualified and independent counsellor with 15 years experience, providing confidential help for clients to deal with their problems. Having worked in both rural and large inner city locations, my practice is now based in Callington, from where I am able to serve both the local and wider communities.

Phone 01579 389331 for an appointment  
Claire Jordan B.Sc (Hons), Dip. Couns.

PrimRaf presents

## CARNIVAL SHOW TIME

On 16th, 17th and 18th July in the PrimRaf Hall, plays, variety acts. Wine, soft drinks and nibbles will be available

Tickets: £6 and £4 available from Noakes & Habermehl