



Callington News

www.callington.uk.net

Issue 206

February 2009

STOP PRESS

Callington & District Royal British Legion is holding its monthly meeting on Tuesday 24 February at 7.30pm at The Phoenix in the function room.

Tiny Tumble Tots meets in the Town Hall every first, third and fifth Friday of the month from 9.45-10.45am. This is a session for children under two, organised by Callington Children's Centre. Ring 389647 for details.

The copy deadline for the March issue is Monday 16 February 2009

Editorial copy can be sent to the editor, Kitty Benge, at 21 Maple Close, Callington PL17 7HY. Or contact by phone on 383985 or email: kitty@tamarmusic.com. Copy can also be sent to the Town Hall at the addresses below.

Advertising space needs booking in advance. Please post or hand in copy to the Town Clerk, Callington Town Hall, New Road, Callington PL17 7BD. Phone 384039 or email clerk@callington.uk.net

The Town Clerk's Office is open 9am-2pm Mon-Fri. At other times an answerphone is available. Post can be put in the letter box in front of the office or through the entrance door.

Race is on for pancakes

In many (often warmer) parts of the world Tuesday 24 February will be celebrated as Fat Tuesday (or Mardi Gras) when people will party and enjoy some of the food they are going to give up for Lent. In cooler Callington this will take the form of cooking pancakes - exciting or what?

This year the churches in Callington, together with the Town Council, want to inject a little excitement into pancakes by reviving the Pancake Race that was held a few years ago. On Shrove Tuesday evening (24 February) Fore Street will be closed from 5.30 to 7.30 for a knock-out Pancake race. Invitations are going out to clubs and organisations, but the event is open to anyone. What is required is a team of four people equipped with their own frying pans (pancakes will be supplied) and the willingness to risk making fools of themselves.

It will be a knockout competition, with a prestigious trophy for the

winner. If you come in fancy dress that will be a bonus and there will be a prize for the best-dressed team. There is no age limit.

So that the event is properly managed (work out the race order and so on) applications to take part will need to be sent to the Town Hall by Friday 13 February. Forms are available from the Town Hall or St Mary's Church. Entrance to the race will be £4 per team to help defray the expenses of the event - any surplus will be paid to a local charity. If the weather does not allow racing in Fore Street please gather in the Town Hall.

After the races there will be refreshments in the Town Hall (including edible pancakes) and a presentation by the Fairtrade Committee for Fairtrade week.

For further details or queries contact Revd Peter Sharpe on 383341 or email rector.callington@gmail.com

Zig-zag parking illegal: no question

Once again the question of adequate driving standards in Callington has come to the fore. Some residents will have noted from an article in the Cornish Times that the full-time police presence in Callington has been substantially increased. "So what, I'm not a criminal," you might say, but hold on; how many of you have stopped your car in Fore Street to go to the cash dispenser? Are you always careful

to avoid stopping on the zig-zag lines near the pedestrian crossing?

The lines were painted to warn you not to stop there unless you were waiting for pedestrians to cross the road - the zig-zags represent the shortest clear visibility zone for drivers observing the speed limit on the approach to the crossing. If this area is obstructed, the safety of pedestrians on the crossing is at risk.

It is an offence which could lead to three

points on your licence if you stop, even to let a passenger get out of your car in this area; there are no grounds for appeal, the penalty is mandatory.

Callington has plenty of parking space in authorised areas; if you have a resident's car parking card, available from Caradon Council [see the article on page 3], you can park legally for up to one hour for just 5p - there's no excuse for getting caught!

Notes from the Council | Library news

Callington's One-Stop Shop to be enlarged

As many of you are aware the council offices already provide information on a huge range of services and if Town Hall staff cannot help, they can usually find someone who can. The office provides Caradon recycling bags, jute bags, bus time-tables, scores of information leaflets on Callington, walks, tourist attractions, support services, groups and societies.

The staff often have to refer complaints and queries on to the District and County Council, but from April they will be able to deal with everything as there will be a dedicated member of staff here to assist with every query. You will also be able to make payments here: there will be more information nearer the time.

Temporary Council office move and change of Town Hall access

In order to accommodate another person in the office, as well as providing a private interview room, a cash paying-in machine, a public access computer and a disabled access lift, there will be alterations in the Town Hall foyer area from Thursday 5 – at least until Friday 20 February.

From Tuesday 3 February the

Town Council office will move to the Committee Room, so access will be via the Pannier Market.

All functions in the hall will have to use the steps by the Council Chamber to access the hall and the conveniences at that end will be in use. Disabled access to the hall will be via the main double doors or rear entrance.

So, once work starts, there will be **NO ACCESS** to the Town hall via the main entrance. For all queries please come round to the Pannier Market access.

The Council apologises for any inconvenience but hopefully the improvements will be worth it.

New Town Clerk

At this time of change there will also be a new Town Clerk as Lynda Small is retiring in February. Vernon Anderson will be working alongside Lynda during February and will take over in March.

Delivery of March *Callington News*

There is a possibility that due to the move of office there may be a delay with the printing of the News, and therefore the delivery. However, everyone will do their best to get it out on time.

A new group has been launched for those who are no longer in full-time employment. Called Good Companions, the group meets every Thursday from 2-4pm. The agenda will be led by the members, with perhaps a book of the month to talk about, but discussions could be on anything. What is definitely on the agenda is cake, conversation and a cuppa. It's hoped that group members will take it in turns to bake cakes for the meetings. This group may be of particular interest if you live alone.

WEEKLY EVENTS

Mondays 10-11.30am: Post Natal support group - health visitors, baby weighing and advice for new mums

Tuesdays 10.30-11am: Baby bounce and rhyme - songs and rhymes for babies and their carers

Thursdays 2-4pm: Good companions - conversation and company for the retired

MONTHLY EVENTS

First week: Booksale

First Tuesday 5.30-7pm: Reader's Group - informal discussion with a new book each month

Second Tuesday 2.30-4.30pm: Tax surgery - free confidential advice for older residents from the Inland Revenue.

Thanks to all our Friends

The Friends of Callington & Gunnislake Health Centres would like to thank all who supported the Christmas Draw by buying tickets, selling the tickets or donating prizes, also to the health centre for letting tickets be sold in the centre itself. A total of over 30 prizes were distributed.

Congratulations go to John Buckingham

who the first prize of a hamper which was donated by the health centre. Over £500 was raised from the draw.

If you are interested in knowing more about the Friends or would like to join, give Hazel a ring on 07780 814762, or go along to a meeting which are held on the fourth Wednesday of January, March, May, July, September, November and December at 7.30pm at Callington Health Centre in Hays Road.

Roll up for parking on the cheap Hearing tests for the over 55s

Have you claimed your free Caradon Residents Parking Card?

This card gives local residents either a 5p discount off one hour's parking or a 25p discount off a longer stay in most of Caradon's pay and display car parks.

It comes ready to use with a complimentary credit balance of £5 - enough to give you up to 100 one-hour parking sessions free (an hour's parking is 5p at the discounted Caradon Parking Card rate). If you'd rather use the credit towards a longer stay, the appropriate fee will be deducted instead.

Up to two cards can be issued per household.

To apply for a Caradon Residents Parking Card, ring 341018 and leave your details: a card will automatically be forwarded to you.

Beefed-up police team has good tidings for Callington

Glad tidings for the New Year from the police in Callington and surrounding area: the Neighbourhood Police team has been restored to full strength.

The Team Leader is Police Sergeant Brett Phillips and the team consists of two Beat Managers (Police Constables), and two Police Community Support Officers. PC Julian Collison and PCSO Mark Stribley have responsibility for Callington, Kelly Bray and areas to the north and west, while PC Sarah Westcott and PCSO Joanne Addems cover Gunnislake, Calstock and areas to the south and east.

The team is there to make a difference and intends to offer an increased presence on the streets, tackling issues of anti-social behaviour (ASB), underage drinking, criminal damage and traffic offences. The Neighbourhood Team is actively using ASB legislation and aims to deliver initiatives such as Community speedwatch and School speedwatch during this year.

Another concern is inappropriate driving both in

the town's car parks and on the streets. Section 59 of the Police Reform Act 2001 relates to driving other than on a highway and/or driving in an anti-social manner. The team has already targeted motorists who meet the criteria and have issued warning notices. Motorists who fail to comply with a Section 59 notice may have their vehicles confiscated by the police.

Callington and Kelly Bray now have a Designated Public Place Order, which allows the police to ask people to refrain from drinking alcohol in public. Failure to comply with this request may result in them having their alcohol seized by the police. Callington Pubwatch is active in exercising control over troublemakers on licensed premises. The Pubwatch Forum has already banned several individuals.

The Neighbourhood Team is here for you, but it needs your help too - not only to identify problems but also to help the police to tackle them head on. The team can be contacted by phoning 08452 777444 or by email at Callington@devonandcornwall.pnn.police.uk

Since the 1980s Noakes & Habermehl opticians have been providing a service to Callington and other communities by offering comprehensive eye tests.

In 2008 the company became associated with Regional Hearing Services to extend the services on offer to include FREE hearing tests.

Together the two companies hope to increase awareness of the importance of regular hearing tests for people over the age of 55. A recent NHS trial of 35,000 55-74 year olds across Britain found that 'routine hearing tests offered "substantial benefits" and is "incredibly effective".'

If you think your hearing may have deteriorated, it is important to have it checked professionally as soon as possible. The more your hearing ability declines, the more you will be asking a hearing aid system to do in order to compensate.

It is important to stress that you are under no obligation to buy a system should you need one: the tests are free, and thereafter it's entirely up to you.

To arrange a hearing test in either the Callington or Saltash branches of Noakes & Habermehl, phone 01752 849295 for an appointment.

Heritage Centre in 2009

The Callington Heritage Centre is busy preparing for next season's exhibitions which will feature Edwardian Callington and some amazing Edwardian photograph plates that Terry Gimblett has brought back to life with modern technology.

If anyone has Edwardian artefacts they would loan the centre there is still some space available. Please contact Lynda on 362139. For the exhibition on the Edwardian kitchen which will be from mid-season the centre could do with a small scrubbed table and a mangle, as well as other kitchen gadgets.

There will also be a display on the history of Callington's medical men: one simple item that appears to have disappeared is the brown glass medicine bottle with 'Underhills' on them. They used to come in a variety of sizes, so if you have some old medicine that needs throwing out, do think about the Heritage Centre.

Membership continues to expand now that members are getting four excellent 16-page newsletters each quarter with fascinating local articles, some of which are not published anywhere else. These newsletters are also available on the internet in full colour. If

you would like to view any of them before joining please phone either Lynda on 362139 or Lucy on 350018 and we will give you the passwords, or e-mail enquiry@callingtonheritage.org.uk. As entry and use of the Centre is entirely free the only income available to pay all bills, electricity, insurance, phone, and so on is from members, donations and some sales.

There are some new leaflets about the Heritage Centre in the Town Hall, which also contain membership details. Two new books are about to be published and there will be a new website. News of this next month. The Centre's opening date will be at Easter (10-13 April).

Tax help at Library

Launceston HM Revenue and Customs Enquiry Centre has had its hours reduced and now closes at 2pm Monday to Friday. As a result of this the staff are now able to hold surgeries and presentations in the surrounding area, where there is no HMRC presence and limited public transport.

HMRC will be holding drop-in surgeries for older people at Callington Library on the second Tuesday of the month: 10 February and 10 March between 2.30-4.30pm.

There will be general advice and guidance on offer which could include coding queries, age allowances, pension advice and more.

Although this surgery is aimed at older people, tax help is also offered to other age groups. If you are an organisation and would like HMRC to hold a surgery or presentation, write to: HMRC Enquiry Centre, Madford House, Madford Lane, Launceston, Cornwall PL15 9EG.

Choir in Cancer Care concert

Marie Curie Cancer Care will be the recipient of the proceeds of a concert that's being held at Harrowbarrow Village Hall on Saturday 7 February at 7.30pm, which will feature the Tamar Valley Male Voice Choir. This very popular choir will be joined by 'A Touch of Brass' and the trio 'Anything Goes' for a musical miscellany that should brighten a winter's evening.

Tickets cost £3.50 and will be available at the door. For more information phone Josée on 382626 or Shirley on 350336. The evening has been organised by Callington New Outlook.

It's that time again - oh yes it is!

Prim-Raf is now well into rehearsals for its February Pantomime, *Sleeping Beauty*, which will take place in the Biscobes Lane theatre at 7.30pm on Wednesday 11-Saturday 14 February, and Wednesday 18-Saturday 21 February.

There will be matinee performances at 2.30pm on both Saturdays. Ticket prices for all shows are £5 and £3 (under 18s), and are available from Noakes & Habermehl or at the door, if available.

Lions Club thanks and a car service

The Lions Club of Callington would like to thank everyone who donated to the various events during the Christmas period. Some £1300 was raised, which will go to the club's charity fund, used throughout the year for charitable needs in the community.

Please note that during the year the Lions Club runs a Hospital Car Service on Sunday afternoons: if you need transport to Derriford, Bodmin or any other local hospital, ring Lion Jamie Dowdall on 389121.

Charitable life in Callington

For this month's article on business in Callington, *Gail Buttery* turns her attention to the charitable organisations we support locally.

I was interested to know how much is raised by the generosity of our residents. Also, more importantly, what happens to the money and who benefits from the funds.

You are probably already aware that there are three recycling/charity shops in town: - St. Lukes' Hospice Shop in Fore Street; Safecare Aid to Romania in Biscombes Lane; and Oxfam in the Pannier Market. Callington, as a Fair Trade town, also benefits from Cornerstone in Fore Street, a shop offering Fair Trade food, clothes and crafts.

St. Lukes' Hospice Shop

Open: Monday-Friday 9am-4.30pm, Saturday 9am-4pm. The shop stocks adult's and children's clothing, bric-a-brac, books, CDs, tapes, pictures, soft furnishings, bedding and small electrical goods.

St Luke's Hospice at Turnchapel, Plymouth, uses money raised by the shop to improve care and facilities for patients. There is quite a list of services available for cancer patients and their carers, including the provision of day care and various alternative therapies as well as care in the community with regular clinics at Liskeard and Tavistock. Volunteers are always welcome: if you wish to find out more contact either Alison Gillan or Margaret Hardy on 382007. They are very appreciative of the support and generosity of the people of Callington and surrounding areas. Volunteers were particularly moved by the good wishes from residents, and

grateful for the donations given to repair the window, recently broken in an act of mindless vandalism.

Safecare Aid to Romania

Open: Monday-Friday 9.30am-4pm, Saturday 10am-1pm. This local charity is completely autonomous and run by six Trustees who are all Christians. The shop in Biscombes Lane offers many similar items to the Hospice shop and also usually has books and a wide selection of toys for all ages. Both shops welcome the donation of good quality clothing or other items to sell.

All the money raised by this charity is used to help those unable to fend for themselves. The main recipients are children living in Oradea, Romania. The money raised helps many projects including: the funding of a home for eight handicapped children; a holiday retreat for all children in care in the Bihor region; a village Pastor; and running a soup kitchen in another city.

Currently the shop's shifts are fully manned by volunteers; however, if you could be available for emergency cover please contact Bill Rowan at the shop. Bill would like to thank all customers for their loyalty and contribution to the children's welfare.

Cornerstone

Open: Monday, Tuesday, Wednesday, Friday 9am-4.30pm, Thursday and Saturday 9.30am-12.30pm.

There is a variety of stock available in the shop including: clothes for children and adults; craft goods; cards & paper; Christian books. The majority are Fair Trade goods. This means the money raised supports families in developing

countries, offering them a better standard of living. Donations are also accepted for the Tear Fund, which has helped victims of the tsunami, assisted water projects and funded volunteers to work on humanitarian projects in Zimbabwe and Uganda.

There is a coffee shop within the premises, serving fair trade drinks and home-made cakes. People are welcome to stay and chat, a friendly welcome is guaranteed. If you would like to become involved and help to eliminate exploitation of people, whoever and wherever they are, then become a volunteer by calling in at the shop, or contact Linda Medland on 384664.

Oxfam

At the time of going to press, the Oxfam shop in the Pannier Market has not responded to my enquiries.

By making donations of clothing, bric-a-brac or any good quality unwanted items and buying from the charity and Fair Trade shops we all benefit.

As an indication of how generous we are in Callington the estimated amount raised each year is approximately £60-£70,000. In the current market we read of so much gloom in the newspapers, it's refreshing to write about a positive aspect to business. Thank you to the shops that provided information for this article.

Next month: 'How well groomed are we?' I'll be visiting the many Hairdressers in Callington and finding out who is helping to make sure local residents look their best!

Gail Buttery

DIARY FOR FEBRUARY

- Monday 2 U3A monthly meeting, Town Hall, 10am-12noon
Tuesday 3 Town Hall access moves to the Committee Room, access via the Pannier Market
Saturday 7 Saturday Tea Dance, Town Hall, 7.30pm
Monday 9 U3A Yoga, Town Hall, 10.30am
Tuesday 10 Tax surgery, Callington Library, 2.30-4.30pm
Wednesday 11 Prim-Raf Panto, Biscombes Lane
Friday 13 Tea Dance, Town Hall, 1.30pm
Saturday 14 Children's Film Show, Town Hall, 2.00pm (film yet to be decided)
Yorkie Dance, Town Hall, 7.00pm,
Monday 16 U3A Yoga, Town Hall, 10.30am
Friday 20 "A Potted History of the Tamar Valley" talk by John Snell, Callington Heritage Centre, 7.00pm
Saturday 21 'Sleeping Beauty', 7.30pm
[see article on page 4 for dates, and times of matinees]
Monday 23 U3A Yoga, Town Hall, 10.30am
Tuesday 24 Pancake Race, Fore Street (road closed 5.30-7.30pm)
Tuesday 24 Royal British Legion monthly meeting, Phoenix pub function room, 7.30pm
Friday 27 Callington & District Diabetes Support Group, Cricket Club, 2.00pm
Tea Dance, Town Hall, 1.30pm
Saturday 28 'Ask Councillor Andrew Long', Town Hall Committee Room, 10am-12noon

Town Hall Market: 2nd and 4th Fridays of the month, Town Hall 9am-1pm. Country Markets: every Wednesday 8.45-11.30am, Scout Hut, New Road car park

Weekly events in the Town Hall; -Weightwatchers, Activity Club, Fit 4 Life, Short Mat Bowling, Salsa dancing, Belly Dancing, Disabled Club, Old Cornwall, Tumble Tots, Tiny Tumble Tots etc. Please contact the Town Hall [384039] if you want details of any of these activities.

A Link into new skills

If you have a computer and would like to learn how to use it, Link into Learning can help. You will be able to work at your own pace with experienced tutors who are sensitive to the needs of adult learners.

Link into Learning also offers courses in English and Maths for those who want to update their qualifications or get a certificate for the first time. It offers GCSE equivalents in both subjects as well as courses at a range of levels, so if it's reading, spelling and writing you want, the tutors can help. The qualified tutors with expertise in Dyslexia can provide specialist support on a one-to-one basis.

If you feel Link into Learning can help, please phone Kathryn on 383323 for a chat, or pop in to the centre in New Road - it's opposite the Callington bus station.

Ensure you get the benefits

A benefits campaign that has been in existence since August 2005 has helped to bring in over £2million up to November 2008 to people over

60 in the Caradon area. Delivered by Caradon Citizens Advice Bureau it continues to further promote the latest phase of the pension extras 'Claim your just rewards' scheme.

A report produced in 2002 showed that people in less densely populated rural areas tend to claim fewer benefits than they are entitled to. This is where the CAB offices in Saltash and Liskeard, and their outreach offices in Torpoint, Looe and Callington can give help. The phenomenal success of the project shows that there is a need for help with filling out the forms necessary to claim these benefits, be it for Pension Credit or health-related applications. The daunting task of completing, say, a 38-page document outlining how you have to cope with disabling health issues, stops many people claiming a benefit that could give them some extra money to improve their quality of life.

This is where the CAB can help, not only with filling in the form but also following up with other benefits that become eligible once an award has been made. Many people who have been helped, be it in the bureau or by a home visit, have said that they would have given up without the CAB's assistance.

For further advice please contact either Jane at Saltash on 01752 848626 or Jean at Liskeard on 340947 - it could make such a difference.

Psychic Development Circle

Every 4th Tuesday of the month
Between 7.00 – 9.00pm. All welcome.

For further information phone

Elizabeth on 01579 384708

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Main Course (*King Prawns £2 extra*), Rice & Nan
6 Course Meal for £10.95

10% Discount on collected Takeaways when you spend £10
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Friday-Saturday 5.30pm-Midnight Including Bank Holidays

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(01579 384838 Mob:07884 253415

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CHILDREN'S PARTIES

Why not hire the Town Hall for your child's birthday
party?

- Modest rates
- Kitchen facility
- Plenty of space for children to run around
- Easy parking
- No noise limits!



Just turn up, have your party and leave! We can even supply
details of discos, entertainers, caterers etc

Give Jo or Lynda a call on: 01579 384039

TOWN HALL MARKET

is held in the Town Hall, Callington
on the 2nd & 4th Fridays of the month

9.00am—1.00pm

An ideal opportunity to purchase your fresh
local produce: eggs, meat,
vegetables, cakes, honey, apple juice.

You can also purchase flowers, plants,
home-made greetings cards, paintings,
magnotherapy. Shiatsu massage is also
available.

Refreshments available

Come in for a cuppa and a bacon roll!



LICENSING ACT 2003 To Whom It May Concern

We, Anton and Gail Buttery, give notice that we
have applied to Caradon District Council as
Licensing Authority for the variation of a
Premises Licence in respect of Langmans
Restaurant, 3 Church Street, Callington, PL17
7RE.

The Application is to remove conditions from
licence.

Any interested party or responsible authority
wishing to make representations to this
application may do so by writing to The
Licensing Officer, Caradon District Council
Luxstowe House, Liskeard PL14 3DZ no later
than 13th February 2009.

A copy of the application can be viewed at the
Licensing Authority's address Monday—Friday
(except Bank Holidays) during the hours of
10.00am to 12 noon and 2.00pm to 4.00pm. It is
an offence to knowingly or recklessly make a false
statement in connection with this application, the
maximum fine on summary conviction being
£5,000.

ONG Restaurant & Take Away (Licensed)



13 -14 Pannier Market, Fore Street, Callington
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5.00pm - 11.00pm

Tuesday CLOSED

Bookings welcome



FREE CHILDREN'S FILM SHOWS

Town Hall
Callington

**Saturday 14th
February**

14.30hrs doors open 14.00hrs

**Please see public
notice boards nearer the
time for film
title**

Refreshments available